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Abdominal localization of unicentric form of Castleman disease – A case report

Unicentrična forma Kastlemanove bolesti lokalizovane u stomaku

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Abstract

Introduction. Castleman disease is a rare disease of the unknown etiology, occuring in two clinical forms: unicentric or multicentric. It is characterized by the hyperplasia of lymph glands. In literature the four pathohistological forms were described: hyaline vascular type, plasma cell type, mixed type and a recently recognized plasmablastic type. The most frequent changes are localized in the mediastinum, while the abdominal localization is with significatly rare occurrence, and that was the motive for presentation of this case. Case report. In a 41-year old male magnetic resonance (MR) enterography showed a change in the ileocecal area without the presence of subjective symptoms of digestive tract and without loss of body mass. Due to the suspicion of stromal tumor, surgical intervention was indicated. Pathohistological findings showed Castleman lymphadenopathia reactiva mesenterii (plasma cell type) which was in the unicentric form. There were present only anaemia and the increased value of sedimentation from the laboratory analyses. Conclusion. Abdominal localization of unicentric plasma cell form occurs rarely and the surgical method of treatment presents the golden standard as it was shown in the presented case.

Key words:

giant lymph node hyperplasia; cecum; diagnostic techniques and procedures; diagnosis, differential; lymph nodes; digestive system surgical procedures.

Apstrakt

Uvod. Kastlemanova bolest je retko oboljenje nepoznate etiologije koje se javlja u dve kliničke forme: unicentrična ili multicentrična. Odlikuje se hiperplazijom limfnih žlezda. U literaturi se opisuju četiri patohistološka oblika: hijalinovaskularni tip, plazmocitni tip, mešoviti tip i skorije prepoznat plazmablastični tip. Promene su najčešće lokalizovane u medijastinumu, dok se abdominalna lokalizacija znatno ređe javlja, što je i bio razlog za ovaj prikaz slučaja. Prikaz bolesnika. Kod muškarca, starog 41 godinu, na magnetnoj rezonantnoj (MR) enterografiji uočena je promena u ileocekalnoj regiji bez prisustva subjektivnih simptoma iz digestivnog trakta kao i bez gubitka telesne mase. Zbog sumnje na stromalni tumor, indikovana je hirurška intervencija. Patohistološki nalaz je pokazao Kastlemanovu lymphadenopathia reactiva mesenterii (plazma-ćelijski tip) u unicentričnoj formi. Od laboratorijskih analiza jedino su bile prisutne anemija i ubrzana sedimentacija eritrocita. Zaključak. Abdominalna lokalizacija unicentrične plazmocitne forme Kastlemanove bolesti javlja se retko, a hirurška metoda lečenja predstavlja zlatni standard što je potvrđeno ovim prikazom.

Ključne reči:

kastlemanova bolest; cekum; dijagnostičke tehnike i procedure; dijagnoza, diferencijalna; limfne žlezde; hirurgija digestivnog sistema, procedure.

Introduction

Castleman disease (CD) is a rare, benign disease characterized by the lymph node hyperplasia. It was described for the first time by Castleman and Towne¹ in 1954, but its etiology has not been completely solved yet. In literature other names for this disease were mentioned: giant lymph node hyperplasia, angiofollicular lymph node hyperplasia, lymph no-

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de hamartoma, and benign lymph node lymphoma². CD occurs in four pathohistological forms: hyaline-vascular type, placmacell type, mixed type and recently recognized plasmablastic type³. Depending on the lymph node degree of affection, it could have two clinical forms: unicentric or multicentric. Changes are often localized in the mediastinum (65%) while in other parts their incidence is less: in the neck (16%), abdomen (12%), axilla (3%)^{4, 5}. This paper presented a patient with abdominal localization of unicentric form of CD, analysis of clinical picture, diagnostic procedures and treatment.

Case report

A 41-year-old male submitted to diagnostic procedures for the last two years due to sideropenic anaemia, was hospitalized at the Clinic for Gastroenterology and Hematology, Military Medical Academy, Belgrade, for the clarification of changes in the area of terminal ileum, seen at magnetic resonance (MR) enterography. The patient denied the presence of pain in abdomen, loss of body mass, as well as difficulties of the upper parts of digestive tract. By laboratory analyses the following values were determined: sedimentation rate of erythrocytes (SE) - 51 mm/h, C-reactive protein (CRP) -24.9 mg/L; fibrinogen -5.6 mg/dL, leukocytes (Le) -6.41 $\times 10^{9}$ /L; hematocrit (Ht) – 0.42, thrombocytes (Tr) – 287 $\times 10^{9}$ /L. Physical findings of the abdomen were without pathological changes. Auscultatory findings in lungs with no abnormalities detected. There were no signs of peripheral lymphadenopathy. On MR imaging there was a circular, clearly limited, well vascularized solid change in the ileocecal area, 34×37 mm in diameter which was not clearly separated



Fig. 1 – A removed part of the terminal ileum with a tumor *in meso* ileum – front view.



Fig. 3 – CD 138, plasma cells interfollicular (CD 138 immunostain, ×40).

from the ileum gyri. Other procedures performed were scintigraphy on Meckel diverticulum, colonoscopy, esophagogastroduodenoscopy (EGD) and radiography (RTG) of the lungs, showing no pathological changes. Echo of the abdomen showed calculosis of gallbladder. Due to the suspicion of stromal tumor of the abdomen, surgical intervention was indicated. After preoperative preparation, surgical intervention was performed: Resectio intestini ilei terminaliss cum ileo-caeco anastomosis latero-lateralis, cholecystectomia, appendectomia. Intraoperative findings was as follows: in the area of meso terminal ileum on roughly 35 cm from the valvula Bauchini, a ball-like, solid tumefaction, 7 \times 6 cm in diameter, was found, performing compession to the part of ileum wall and narrowing its lumen. Tumor change on one side elevates the peritoneum and protrudes beneath the meso terminal ileum surface, on the other side unclearly and restrictedly compesses it (Figures 1 and 2).

Directly under this tumor change the enlarged lymph gland was noticed, which together with the tumefaction was sent to pathohistological analysis. Postoperative course was normal, with the wound which healed *per primam* and established an intestinal passage.

Pathohistological findings indicated Castleman *lymphadenopathia reactiva mesenterii* (plasma cell type). Tumor-like enlarged lymph nodus in *meso* ileum of the small intestine was thick with numerous follicles, irregularly large, reactive germinal centers (Bcl2), with the presence of IgD mantle cell zone, as well as many thiny follicles of the involutition appereance, of the concentric thiny cell mantle zone, without visible hyalinosis of blood vessels in these germinal centers (except one) (Figures 3 and 4).



Fig. 2 – A removed part of the terminal ileum with a tumor *in meso* ileum – rear side.



Fig. 4 – Primary follicular structures with interfollicular distension. Blood vessels and mass of plasma cell (HE, ×40).

Interfollicularly, the massive plasmocytosis was present (CD138+/Kappa+/lambda+) with numerous Russell bodies with rare individual CD20+/PAX5+/Bcl 6-/, as well as the copious and noticiable vascular postcapillary proliferation of blood vessels with thickening of hyaline walls (Figures 5 and 6). An enlarged lymph node (the reactive lymphadenopathy) was found.



Fig. 5 – Intracytoplasmic kappa light chains in plasma cells (Kappa staining reagent system, ×200).

Discussion

Clinical manifestation and symptoms of CD are various depending on the disease type. They can be absent in some cases while in others they can be various and related to the infection, autoimmune disease or some tumor forms. In the localized, unicentric form, an enlarged lymph node if it is localized in the abdomen, could be asymptomatic and found by chance, as it was in the presented patient. Most often symptoms in unicentric, plasma cell form are anaemia, high value of SE, thrombocytopaenia, hyperglobulinemia, splenomegaly, night perspiration, loss of weight, exhaustion ^{5, 6}. In the presented patient, as the dominant findings, a 2-year anaemia and increased SE were present, but other laboratory parameters were in the normal limits.

CD occurs in adult persons and children, more often in the unicentric form. The first case with this disease was described by Dr. Benjamin Castleman at patients with the hyperplastic mediastinal lymph node classifying it as the unicentric form¹.

The multicentric form is related to viral infections. Researches show the presence of human herpesvirus 8 (HHV-8) or Kaposi sarcoma herpesvirus (KSHV) in lymph nodes in patients with ulticentric forms, and this form occurs most often in persons with HIV infection ³.

The dignosis of CD can be made by pathohistological findings. The first patient with CD, with the dominance of plasma cells, was operated in 1969, and classification of CD to the hyaline vascular and plasma cell histopathological type was done by Keller et al. ⁷ in 1972. In some papers classification of pathological changes is performed based on the localization, *ie* spreading of changes, so the unicentric form includes the hyeline vascular and plasma cell variant while at

multicentric form the plasma cell type is dominant with the occurrence of plasmablastic characteristics ⁸. Most recent recommendations of the American Cancer Society classify CD in 4 forms. Above mentioned researches showed that the unicentric plasma cell form occurred in 10–20% of patients and more often in younger patients (in the third and the fourth decade of life) and hyaline-vascular type, the most



Fig. 6 – Intracytoplasmic lambda light chains in plasma cells (Lambda staining reagent system, ×200).

frequent, was described with the incidence of 70–90%^{1, 8–10}. In the plasma cell form of the disease, pathohistological findings show the hyperplastic germinal center with a vascularized interfollicular part of the node and leaves of the polyclonal plasma cells. This histological findings are not specific only for CD, but it can be found also at hyperplastic reactive lymph nodes, for example at rheumatoid arthritis and viral lymphadenitis^{8, 11}.

The most frequent localization of the unicentric form is the mediastinum, and in the abdomen and the pelvis it was described as the focal mass differently localized: as retroperitoneal mass, in the mesentery, *porta hepatis* and in the pancreas⁵.

CD treatment depends on the form of the disease and histological type. Surgical mode of unicentric form treatment is supposed to be the gold standard and it offers excellent results in over 90% of cases ^{12–14}. When lymph nodes could not be completely removed or when the surgical intevention is contraindicated, radiotherapy is used ². In the presented patient, surgical procedure led to the restoration of health, taking into consideration that additional diagnostic methods like positron emission tomography (PET) scan of the thorax and abdomen, did not suggest any pathological changes. In the multicentric form other modes of treatment are also applied: chemotherapy, application of corticosteroids, antiviral and immunomodulatory therapy ¹¹.

Conclusion

Abdominal localization of the unicentric plasma cell form of Castleman disease has a small incidence, and the surgical method of treatment represents the gold standard as it was confirmed by the presented patient.

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